

MAY | 2019

Heir Force Community School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29</p> <p>“This Institution is an Equal Opportunity Employer and Provider”</p>	<p>30</p>	<p>1</p> <p>Chili Mac Side Salad L S Ranch Dressing Refried Beans Applesauce Choice of Milk</p>	<p>2</p> <p>Turkey Pepperoni Pizza on Whole Grain Crust Green Beans Fresh Baby Carrots Pineapple Tidbits Choice of Milk</p>	<p>3</p> <p>Turkey w/ Gravy Mashed Potatoes Green Beans Whole Grain Corn Bread Butter pat Diced Pears Choice of Milk</p>
<p>6</p> <p>Peanut Butter & Jelly on Whole Grain Bread Light String Cheese Fresh Celery & Baby Carrots Applesauce Choice of Milk</p>	<p>7</p> <p>WG Nachos w/ Diced Chicken Lettuce / Cheese / Salsa Refried Beans Corn Mandarin Oranges Choice of Milk</p>	<p>8</p> <p>WG Chicken Nuggets WG Cheez-It Crackers Peas and Carrots Celery Sticks Fruit Cocktail Choice of Milk</p>	<p>9</p> <p>Mandarin Chicken Whole Grain Brown Rice Steamed Broccoli Pineapple Tidbits Fortune Cookie Choice of Milk</p>	<p>10</p> <p>WG Rotini w/ Meat Sauce Side Salad L S Ranch Dressing Fresh Banana Choice of Milk</p>
<p>13</p> <p>WG Breaded Chicken Strips Whole Grain Soft Pretzels Mixed Salad L S Ranch Dressing Fresh Apple Slices Choice of Milk</p>	<p>14</p> <p>Walking Tacos w/ WG Doritos Lettuce / Cheese / Salsa Corn Applesauce Choice of Milk</p>	<p>15</p> <p>Sweet & Sassy Chicken Whole Grain Dinner Roll Mixed Vegetables Diced Peaches Choice of Milk</p>	<p>16</p> <p>Turkey Pepperoni Pizza on Whole Grain Crust Green Beans Fresh Baby Carrots Pineapple Tidbits Choice of Milk</p>	<p>17</p> <p>Sloppy Joe on WG Hamburger Bun Tater Tots Celery Sticks Diced Pears Choice of Milk</p>
<p>20</p> <p>Meatloaf Patty Sweet Potatoes California Vegetable Blend Whole Grain Dinner Roll Fruit Cocktail Choice of Milk</p>	<p>21</p> <p>WG Battered Corn Dog Peas Fresh Baby Carrots 1000% Fruit Juice Slushie Apricot Halves Choice of Milk</p>	<p>22</p> <p>Whole Grain Pancakes Turkey Sausage Links Hashbrown Potatoes Dragon Punch Veg. Juice Fresh Orange Wedges Choice of Milk</p>	<p>23</p> <p>Summer Break!</p>	<p>24</p> <p>Summer Break!</p>
<p>27</p> <p>Summer Break!</p>	<p>28</p> <p>Summer Break!</p>	<p>29</p> <p>Summer Break!</p>	<p>30</p> <p>Summer Break!</p>	<p>31</p> <p>Summer Break!</p>

News

EXTRAS ...

Entrees	\$1.50
Fruit / Veg Side	\$1.00
100 % Fruit Juice	\$.75
Milk	\$.50
Guest / Adult Meal	\$2.85

The Food Service Staff wishes you a happy and safe summer!! See you in August!! ☺