



# FEBRUARY | 2018

## Heir Force Community School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Mini Meatball w/ Marinara Sauce WG Dinner Roll Mixed Vegetables Applesauce Choice of Milk	<b>2</b> Corn Dogs Tater Tots Celery Sticks Fruit Cocktail Choice of Milk
<b>5</b> Mozzarella Quesadilla Salsa Refried Beans Fruit Cocktail Choice of Milk	<b>6</b> Turkey Sausage Pizza Green Beans Fresh Baby Carrots Low-Fat Ranch Dressing Diced Pineapple Choice of Milk	<b>7</b> Sloppy Joe Sandwich WG Hamburger Bun Peas & Carrots Diced Peaches Choice of Milk	<b>8</b> Chicken Teriyaki WG Brown Rice Steamed Broccoli Mandarin Oranges Fruit Juice Choice of Milk	<b>9</b> Chicken Chunk Rings BBQ Sauce Spinach Strawberry Salad Fresh Orange Wedges Choice of Milk
<b>12</b> Cheese Stuffed Breadstick Marinara Sauce Steamed Carrots Tropical Fruit Salad Choice of Milk	<b>13</b> Hamburger Patty on WG Bun Baked Beans Dill Pickle Slices Mandarin Oranges Choice of Milk	<b>14</b> Beef / Bean / Cheese Burrito Salsa Corn Fresh Apple Slices Choice of Milk	<b>15</b> Turkey w/ Gravy Mashed Potatoes Green Beans Pears in Gelatin WG Dinner Roll 1 pat Butter Choice of Milk	<b>16</b> Chili Cheese Wrap Mixed Green Salad Low-Fat Ranch Dressing Applesauce Choice of Milk
<b>19</b> NO SCHOOL Presidents Day	<b>20</b> Hotdog on WG Bun Corn Celery Sticks Low-fat Ranch Dressing Diced Pineapple Choice of Milk	<b>21</b> Pepperoni Pizza Green Beans Fresh Baby Carrots Diced Pears Choice of Milk	<b>22</b> BBQ Chicken Sandwich WG Bun Peas Chocolate Ice Cream Cup Applesauce Choice of Milk	<b>23</b> Grilled Chicken Patty WG Bun Sweet Potato Casserole Cucumber Slices Fresh Banana Choice of Milk
<b>26</b> Deli Meat Sub Carrots / Celery / Tomato Low-Fat Mayo Fresh Grapes Choice of Milk	<b>27</b> Chicken Tenders Ketchup Mixed Green Salad Apricots Blue Raz Slushie Choice of Milk	<b>28</b> Whole Grain French Toast Turkey Sausage Links Tater Tots Orange Wedges Dragon Punch Juice Choice of Milk		

### News

#### EXTRAS

Entrees	\$1.50
Fruit / Vegetable Sides	\$1.00
100% Fruit Juice	\$ .75
Milk	\$ .50
Adult / Guest Lunch	\$2.85